

Everyone welcome



Outreach

The Youth Zone is much more than a building. It is a project that reaches out to the communities we serve.

Through our rural outreach programme we take our youth workers and activities out to those in more isolated communities and to young people in the city who are hardest to reach.

Inclusion



The Inclusion Project works with young people with disabilities or learning difficulties. (The Youth Zone welcomes young people up to 25 years of age with disabilities or learning difficulties). An

important part of the Youth Zone is that all activities are fully integrated and open to all, so our inclusion workers are there to support young people during junior and senior club nights. Focus sessions once a week provide an opportunity for members to get to know the facilities, the team and one another, and develop the skills and confidence to attend regular club nights when they feel ready.

For more information or to arrange a visit please contact us today



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A registered charity No. 1134974

CARLISLE YOUTH ZONE



GENERAL INFORMATION

About the Youth Zone

Carlisle Youth Zone is a new Carlisle based charity with the focus to improve the lives of thousands of young people in Carlisle and the surrounding areas.

The Youth Zone forms a core element of the drive to improve the life and prospects of Carlisle's Youth. The project is set to provide the area's young people with a bright, modern, safe, accessible place of their own with the aims of: -

- Encouraging positive behaviour to make a positive contribution to their communities
- Reducing crime, discriminatory and anti-social behaviour
- Raising the aspirations of young people through the provision of education, enterprise, employment and training services.

There are over 14,000 young people aged 8-19 living in Carlisle, where six wards are among the 20% most deprived in England.

The Youth Zone project has been funded by £5 million grant from central government as capital funding for the building, however the running costs must be met through the support of the local communities the Youth Zone serves.

Currently we deliver a wide variety of programmes to over 1,700 young people aged between 8 and 21 (25 for people with disabilities or learning difficulties) each week including the provision of a fully equipped gym, boxing ring, climbing wall, various sports activities, performing arts, music rooms, arts & crafts area, chill out area, gaming area, radio studio and production

We want to do more



Once funding is available we will also provide much needed services for young people with more specialist needs such as deaf and blind young people, those caring for a sick or disabled parent, those dealing with the bereavement of a family member.

Carlisle Youth Zone will also have a dedicated mentoring scheme for those young members who would benefit from some one to one life guidance.



A local charity

Carlisle Youth Zone is an independent local charity managed by a voluntary board made up of local people. (It is one of a number of similar projects planned for the North West including Zones in Oldham, Blackburn, Manchester and Wigan.)

Carlisle Youth Zone has been modelled on the highly successful Bolton Lads and Girls club which was founded in 1889. Currently, Bolton Lads & Girls Club is the biggest youth centre in the UK.

Carlisle Youth Zone relies on the support of local volunteers and trained professional youth workers and mentors for the success of the Project.

Additional projects such as Young Advisors, Young Volunteers, National Citizens Service, Anti-Bullying, Enterprise, etc. make a big difference.

It costs around £850,000 a year to run Carlisle Youth Zone. About 25% of this comes from public sector sources and young people's membership and entry fees, but we need to raise almost £640,000 from supporters in the communities we serve.

For the Zone to succeed we need the support of individuals, organisations and local companies who recognise the important work the Youth Zone is doing.