

# Volunteer Newsletter



October 2011

[www.carlisle-youthzone.org](http://www.carlisle-youthzone.org)



## Training date for October

There will only be one basic training session running during October and there are only a few places left on it! Training will take place on

**Sunday 23<sup>rd</sup> October 10am to 4.30pm**

Please contact Lorraine on 01228 516280 or 07825958701 if you have not yet completed your basic training

(These sessions are for those who have not yet gone through training and will form part of your induction)

Lunch will be provided - please let me know of any dietary requirements before the day



**Congratulations and huge thanks** go to the following volunteers who completed their training during the month of September :-

Ian Craggs

Mark Davidson

Bridget Fenton

James Fisher

Leanne Jarman

Rohan Little

Pamela McGowan

Daniel Portsmouth

Alison Rennie

Hope to see you all in CYZ soon!



**All courses are FREE to Volunteers**

To book, contact Monique Rebanks

on 01768 800350 or

email [moniquer@cumbriacvs.org.uk](mailto:moniquer@cumbriacvs.org.uk)

**Equality & Diversity** Run in partnership with CERC

Thurs 3 November 2011

9.30am - 12.30pm

Morton Community Centre, Wigton Road,  
Carlisle CA2 6JP

**Dealing with Difficult Behaviour**

Wed 14 December 2011

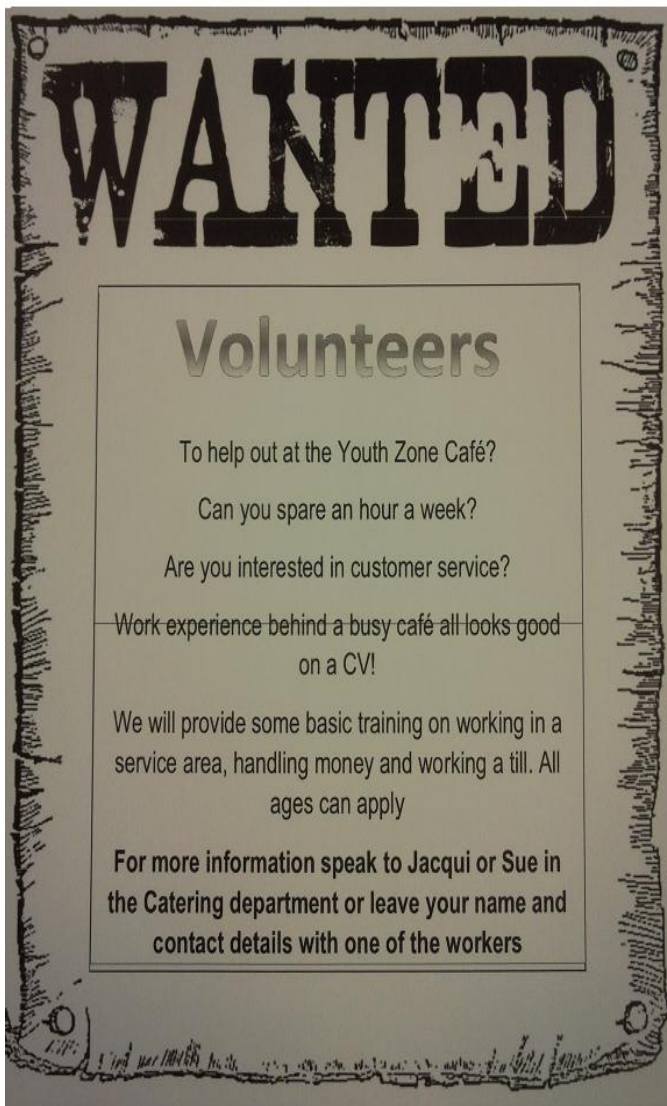
9.30am - 12.30pm

Morton Community Centre, Wigton Road  
Carlisle CA2 6JP

We have now reached

**100**

trained volunteers which is FANTASTIC news for all the club members! But we still need more!!



## Autism Level One Training

Gareth is currently working hard to source us a really good deal on this training and I'm sure it will be very useful to those who volunteer at Saturday Club and on regular nights too! It is likely to take place towards the end of November. If you have completed your basic training, are volunteering on a regular basis and would like to express an interest in doing this training please get in touch with Gareth on 07864 053336!



## SATURDAY NIGHT CLUB!

Our first Saturday Night Club started on the 1<sup>st</sup> October - live bands, DJ's, X-Factor on the telly, a juice bar and a café culture feel with young people aged 15 and over... Sound interesting??

Get yourselves down - Every Saturday night from 6.30pm to 10pm!

The Cumberland Building Society

This Month's **GREAT CUMBRIAN RUN** Special Thanks!!

A massive thanks to all who helped to steward, marshall, give out water, medals, leaflets and goody bags and generally helped to clear up afterwards at the Great Cumbrian Run on Sunday! But my **biggest** thanks are saved for those who actually ran the race and nominated CYZ as their chosen charity, raising much needed funds which will help towards our significant running costs. As a charity we are dependent on the generosity of both the public and businesses and we are very grateful that you have shown appreciation for the work we do. Thanks again! Lorraine