

VOLUNTEER MENTOR







CYZ

1 hour weekly*

6+ months*

*All volunteer roles at CYZ are flexible. If you have any questions about time commitment, please contact us to discuss further.





The Volunteer Mentor role is a unique, exciting and incredibly important position. Our mentors provide 1-1 or group support to young people who need a helping hand to get to where they want to be.



As a mentor, you will meet with the same young person weekly, providing a non-judgemental listening ear, and working with the young person to achieve their goals and potential.



Some young people work with their mentor to practice and develop life skills, some to prepare for the future, some to build emotional resilience, and some young people just need a trusted adult to talk to about what is going on for them. We have a fantastic bank of resources and activities for mentors and mentees to use in their meetings!



There is no 'right' or 'wrong' way to be a fantastic mentor. If you're a good listener, open minded and committed to making a positive impact - then this volunteer role could be perfect for you.



Relevant training for the role is completed as part of the volunteer induction.

All team members are required to complete an Enhanced DBS check and provide two references.