



2015/2016

Coming Back Stronger



www.carlisle-youthzone.org



Chris Wilson,



Cooking activities



If you're a school and want to know more...

Contact Charlotte Sayers
Charlotte.sayers@carlisle youthzone.org
01228 516280

Sport + Funding: £40,000

Sport + is an employability programme for young people aged 14-21 years, we work in partnership with Trinity School, Richard Rose Central Academy, NACRO and Newman. Supporting 50 young people, over a two year period to become more employable by offering accreditations in sports leadership and employability as well as practical work experiences.

Want to know more??

Contact Cameron Wilson:
Cameron.wilson@carlisleiouthzone.org

CYZ Young Leaders

Aged 16-18 years old and would like to volunteer?

Young leaders help out in clubs by delivering activities. They manage behaviour and communicate with staff, which improves confidence and responsibility.

They all complete 6 weeks of training in areas such as: confidence and self-esteem, boundaries, safeguarding, health and safety, child protection and professionalism in the work place. Being here raises aspirations, some now are training to work with young people in the future.

Want to know more??

Contact Jayne King:
Jayne.king@carlisle-youthzone.org or 01228 516280

T: 01228 516280

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**I NEVER KNEW...
...WE WORKED SO CLOSELY WITH BUSINESSES!**

Q&A

Name: **Luke Reid**

Age: 17

Member Since: **2012**

What did you enjoy about your experience at Atlas ICT?

Setting up a laptop, replacing network face plates, taking apart icom chargers , moving various pieces of hardware around as well as taking a client's dead laptop to pieces in order to fix it.

Has this experience helped to give you an idea of what you want to achieve in the future?

It helped to confirm that working with computers is something I want to do in the future.

What are you doing now?

I am now at college studying “BTEC Level 3 National Extended Diploma in Computer Science” and English language (not that I like English though).

“

Atlas.ICT
8 December at 06:13 · G

Say hello to Luke, who has joined us on work experience at our Carlisle office this week.

This is part of the Carlisle Youth Zone 'Get a Future' project - collaboration between local businesses and young people, supported by Armstrong Watson.

Like Comment Share



**“IT REALLY IS TIME TO GET A FUTURE...
A POTENTIALLY ‘LIFE-CHANGING’ PARTNERSHIP
WHICH HOPES TO RAISE THE ASPIRATIONS OF
YOUNG PEOPLE IN NORTH CUMBRIA.”**

GET A FUTURE is a 3 year partnership

sponsored by **ArmstrongWatson®**
Accountants, Business & Financial Advisers

Its aim is to encourage young people to think ambitiously about their future here in Carlisle. We work with local businesses that are willing to provide a varied range of opportunities and then match them to young people interested in a career in that field.

The launch was hosted at The Halston by our chair Chris homes, Brian Scowcroft and Managing Partner of Armstrong Watson Paul Dickson, and proved to be a successful event, with pledges of support from a variety of local businesses.

Most recently the Never Stop Moving Project, headed by Shabby Scholars owner Sam Norman is off to a fantastic start with 12 young members signing up to complete a 10 week programme working in a real restaurant, gaining valuable experience and completing a COSHH certificate.

If you'd like to be part of a creative project that gives young people a chance to **GET A FUTURE ...**

...Contact

Lynsey Buckle:

Lynsey.buckle@carlisle-youthzone.org

GET A FUTURE

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Q&A

Name: **Alex Key**

Age: **17**

Member Since: **2011 - The very beginning**



What does the Youth Zone mean to you?

It's Home! It's a part of me! I don't think my life would be the same if it wasn't for YZ! When stuff happens it's where I've always come for help. I wouldn't be able to have dealt with stuff the same without the support the staff have given me.

I'm also a young leader, I get to volunteer in Inclusion club every Saturday, I've been volunteering for 3 years now, helping to support the YZ team by delivering activities to young people who have additional needs.

What I enjoy most is knowing that you really can make a difference!

How do you think the Youth Zone has changed in the time since you became a member?

The Youth Zone has grown and changed in every way possible especially due to the flooding! I don't like it when members of staff leave. That's hard, because you get to know them really well.

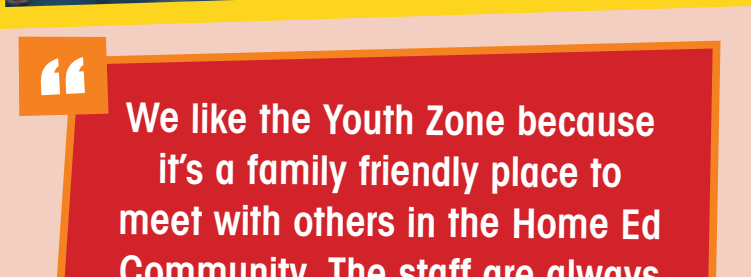
Home Education Group

Home Ed meets alternate Fridays here at CYZ. It's a group for young people and parents to meet with other families who also home educate. Its central location means families who visit from the rest of the County can find us easily. The group partake in a variety of activities delivered by parents, catch up, relax and enjoy a cuppa! It costs only £1 a visit which covers the cost of PVA glue, paper and other useful resources, the group also organise trips away and invite local organisations in to deliver talks – such as the Great North Air Ambulance.

Want to know more??

Contact Emma Rogerson:

Emma.rogerson@carlislelyouthzone.org
01228 516280



We like the Youth Zone because it's a family friendly place to meet with others in the Home Ed Community. The staff are always helpful and the centre has good facilities, we have everything we need to run interesting workshops for the kids.



MENTORING

The Mentoring programme has helped more than 100 young people since it began in August 2014. Volunteers support and advise young people who have behavioural problems, confidence issues or issues at home or school on a 1-2-1 basis for at least 1 hour each week.

Over 40 volunteers have been trained and have worked over 1,500 hours since the start of the programme. It continues to go from strength to strength.

“

This Scheme is making a real difference to help young people to improve their own lives and to make a positive contribution to their community; they are the potential leaders of tomorrow.

Peter McCall –
Police Crime Commissioner

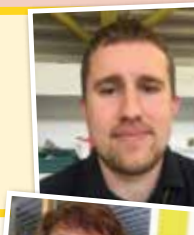
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Want to know more??

Contact Jonny or Lorraine:

Jonny.fraser@carlislelyouthzone.org

Lorraine.Bearchell-Healy@carlislelyouthzone.org



YOUNG CARERS

The Young Carer group meets every Wednesday at Carlisle Youth Zone.

They work with young people who look after someone at home who has a long term illness or condition.

Our Young Carer group are fab! They attend a one hour focussed session and then join Junior Club enjoying the range of activities on offer to all members!

If you, want to know more: Contact Mike or Abby 01228 542156

During the year we've had many organisations bringing young people in to experience the Youth Zone offering and hire space such as...

NHS TRUST EDEN RIVERS TRUST
YOUNG CUMBRIA CHILDREN'S SERVICES
NCS GROUP FOOTBALL4ALL NACRO

AND MANY MORE..

Q&A

Name: **Mike Brown**

Role: **Young Carers Support Worker**



What do you do?

I identify and support Young Carers.

How do you work with the Youth Zone?

We love holding our clubs at the Youth Zone as the facilities are second to none and offer the young people we work with a safe, friendly and most importantly fun environment to take a couple of hours out from their caring roles. The staff at the Youth Zone are incredibly supportive of all the young people who use the facilities and this includes Young Carers.



STORY OF THE FLOODS


THE FUTURE LOOKS TO BE AN EXCITING ONE.



I wasn't worried myself as I knew my home was OK but I had a friend that was flooded and I was worried for them because he'd lost all his things.

Flood Statistics

- **2,000** items lost

- Catering, sports and music equipment as well as all our furniture and games - **GONE!**
 - Over **12k** just to dig up a wet floor
 - Contents insurance claim of **£125k**
- 

Total Insurance claim nearly £1million!



THANK YOU

HANDELSBANKEN TOPNOTCH CONTRACTORS CLOTHWORKERS FOUNDATION NATWEST BANK
ANDY FEARON KHAL MOULALEM **STAGECOACH** ASDA RBS
OFFICE TECHNOLOGY CORPORATION CARLISLE CITADEL WELFARE CLUB
EC GRAHAM TRUST CUMBERLAND BUILDING SOCIETY **FMGS**
TESCO COMMUNITY FOUNDATION NORMAN STOLLER FOUNDATION BRIAN RICHARDSON MALLINSONS FABRICATIONS
BRUCE AND LUKE'S COFFEE REAYS PIONEER ATLAS ICT
PK ENGINEERING PLANIT IE CARLISLE AMBASSADORS ROGER SMITH BENDLES SHABBY SCHOLAR
DUTCH UNCLE DEREK FARMAN **SAM NORMAN** CARLISLE RACECOURSE
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MORE HANDLES **THE MONUMENT TRUST** AWARDS FOR ALL DODD & CO
CARIGIET COWEN ESH BORDER CONSTRUCTION
NEWCASTLE BUILDING SOCIETY WORLD HEALTH INNOVATION SUMMIT NXT RECRUITMENT BAILY THOMAS CHARITABLE FUND
YORKSHIRE BUILDING SOCIETY GIVE A DAY TO THE CITY
LAND AND LAKES MARTYN BLACKLOCK SANDWICH CLUB **LIBERTY WORKWEAR**



@ The Queen's Trust
helping young people help others

Yay! @CarlisleYZ - brave and brilliant!
This "Youth Zone Defies Floods",
keeps going and has more
members not less!



What we bring to Carlisle



TRUSTS AND GRANTS - £413K PRIVATE SECTOR - £224K

EVENTS - £55K CUMBRIA COUNTY COUNCIL - £4K

OFFICE AND ROOM HIRE - £37K YOUNG PEOPLE - £76K

Cost Statistics

We go through **56 flipchart pads a year** delivering our Mentoring, Volunteer Training, our Sports and Qualifications, our Employability scheme, team training and playing games in our Clubs - Could you help us flip this problem?

Our gym members drink their way through **2,500 plastic cups a year** - as much as we encourage gym bottles there's always some who forget - Could you help us quench their thirst?

Our members ping our way through **120 ping pong balls each year** - Could you help us fuel our love of the game?

We go through **30 lever arch files a year** keeping ourselves in order - Could you help sort us out?

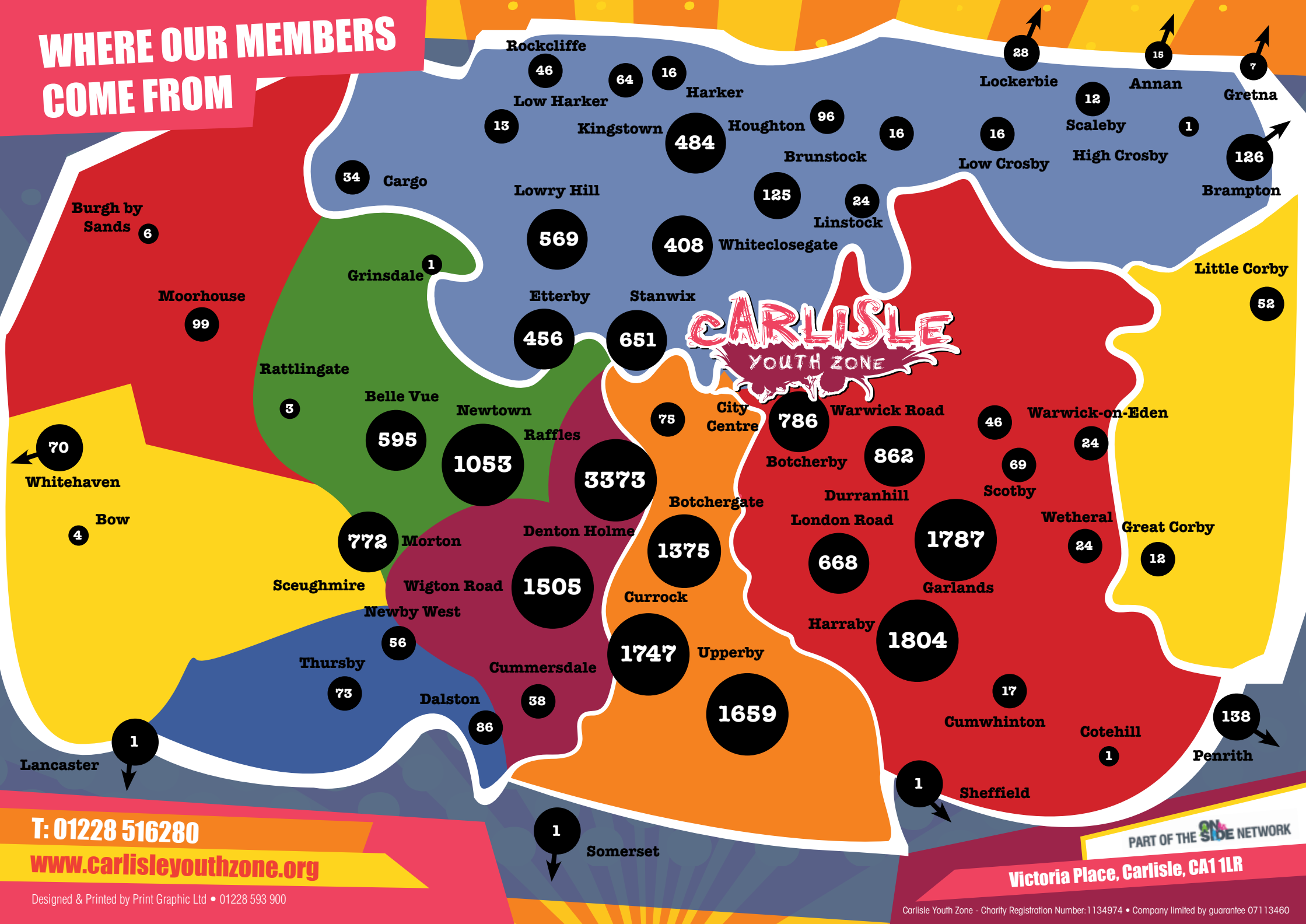
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It's a pleasure to help out even in a small way - you do so much for our kids, let's hope you are fully up and running again soon!

Pioneer Foodservice

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WHERE OUR MEMBERS COME FROM



T: 01228 516280

www.carlisle-youthzone.org

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PART OF THE **ON** SIDE NETWORK

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