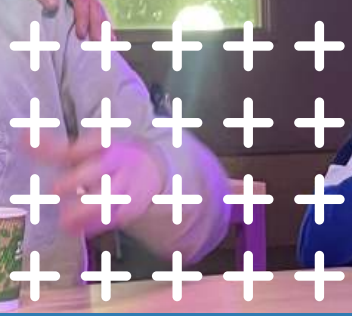




An **OnSide** Youth Zone

EXEC SUMMARY

MAR 2023 – APR 2024



OUR CEO SAYS



CAROLINE TAYLOR-BESWICK

Taking a moment to reflect on what has been achieved as a whole during a year at Carlisle Youth Zone (CYZ) is in all honesty, an awe-inspiring task. The headlines are incredible, with us having reached nearly 3,000 young people, delivered over 800 activity sessions, and provided 3,000+ holiday club spaces—all whilst fulfilling our 'no child missed' philosophy in a safe, fun, and inclusive environment. The breadth of our youth offer has also been phenomenal, with projects ranging from mentoring and mental health support to music, drama, sports, and even baking clubs. While rising costs and funding challenges have kept us on our toes, our amazing team and partners have worked hard to conserve the level of support and services young people have come to know and trust...

6 NIGHTS A WEEK, 52 WEEKS A YEAR.

With exciting plans ahead, including more mental health support and a focus on youth voice and participation, I look forward to working with and alongside our many supporters to ensure the next year at CYZ is just as impactful.

RECORD YOUTH ENGAGEMENT

reached



2,961

young people

NEARLY 20% OF OUR TARGET AGE GROUP

facilitated



38,583

attendances

delivered



820

sessions

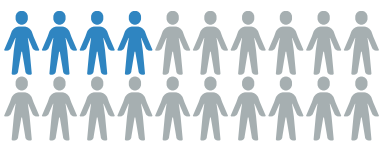
provided



3,019

holiday club spaces

SUPPORT WHERE IT'S NEEDED



19%

IN CARLISLE

% OF YOUNG PEOPLE EXPERIENCING DEPRIVATION AND POVERTY

37%



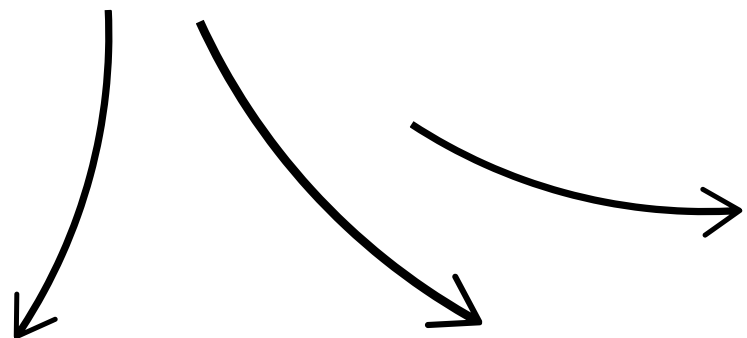
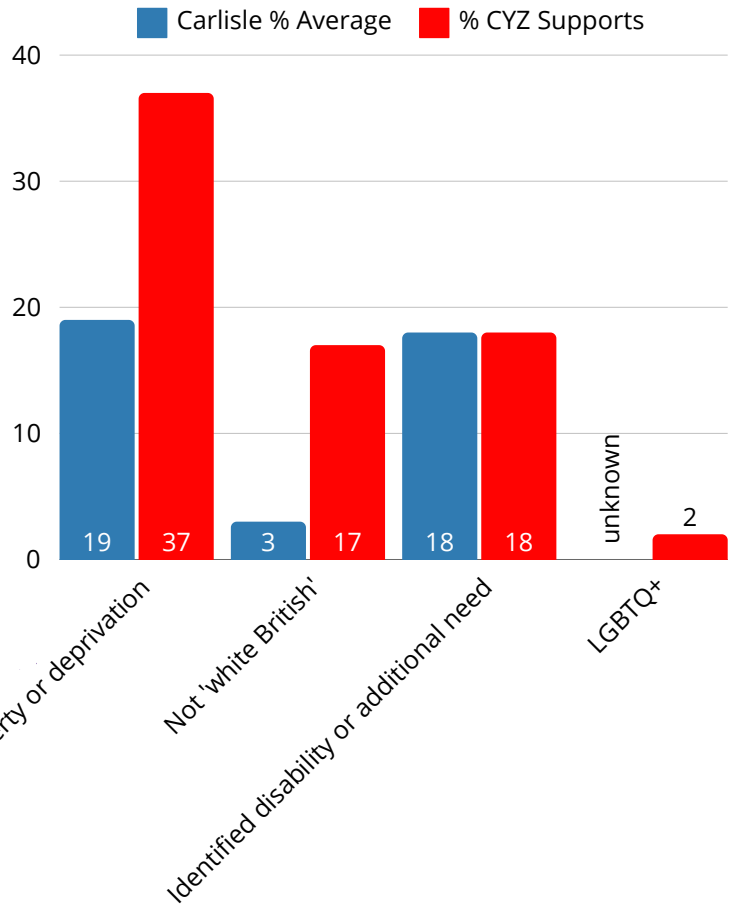
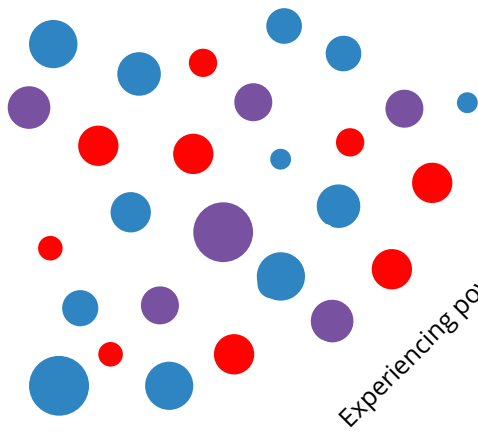
ATTENDED CYZ



NO CHILD MISSED

CYZ have a whole team approach to knowing and understanding all of our members well. Our membership increasingly includes those who may otherwise be marginalised.

UNIVERSAL SUPPORT



**ONE TO ONE INTERVENTIONS
SAFEGUARDING
EMPOWERING FAMILY
SUPPORT**

**PERSONALISED SUPPORT
TARGETED PROGRAMMES
TARGETED ACTIVITIES
YOUTH PARTICIPATION
EQUITABLE FEES**

**MENTORING PROGRAMMES
LEADERSHIP PROGRAMMES
EMPLOYABILITY COURSES
ADDITIONAL NEEDS SESSSIONS**



CARLISLE'S YOUTH ZONE



142

local business patrons support our charity



800+

volunteer hours



1ST

youth zone in the country



WE COULDN'T DO IT WITHOUT YOU CARLISLE

For every

£1 INVESTED

in Youth Zones, there is a Social Return on Investment of

OVER £13

READ THE **ONSIDE** REPORT [HERE](#) OR SCAN...



TOTAL CYZ INCOME

£1,084,017

We're proud to have delivered a balanced budget against a backdrop of rising costs and increased free support programmes and initiatives for young people. This has been thanks to strict cost control and reinvigorated income generation activities. Every penny counts!

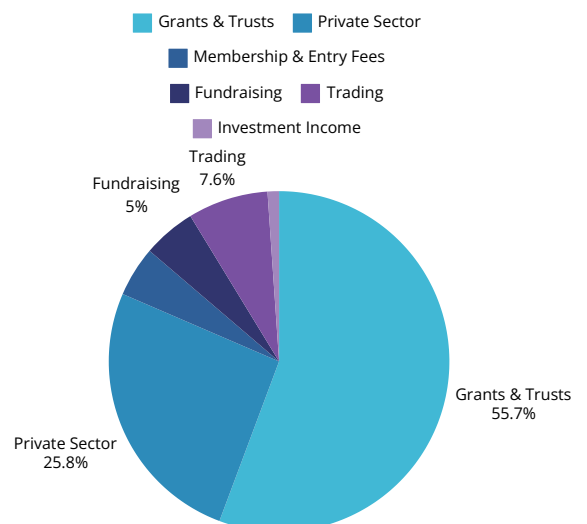
Our Trusts and Grants income this year included a number of specific, one-year funding awards in response to the immediate Cost of Living rises. This both enabled CYZ to bridge the exponential rises in organisational running costs, and provide enhanced support to our members such as through our Winter Warm Zone which provided

13,360 FREE ENTRIES

7,385 HOT MEALS

850 FREE MEMBERSHIPS

WHERE OUR MONEY CAME FROM





80%

of young people increased or maintained their self-confidence



89%

of young people increased or maintained their aspirations

MEET J – A CYZ YOUNG LEADER

J has been **coming to CYZ for a long time**, where they have accessed support to navigate various social and emotional health struggles alongside experiences connected to their neurodiversity and care experience. J would often get in trouble at school and in the community, and **was regularly involved in conflict** with peers and other adults. Sometimes this presented at the Youth Zone too, and our co-designed behaviour policies had to be applied with some 'cooling off' periods. **Our door stayed open for them**, and J kept choosing to come.

J began attending the Young Leaders training sessions 5 months ago. Since then they have been **regularly volunteering** in a weekly junior club session. Since J began participating in Young Leaders, feedback about their approach, attitude and **maturity has been acknowledged** by team members who have known them since they themselves were a junior!

J has now **gained part-time employment** locally, alongside their **college studies and volunteering** at CYZ. They remain committed to Young Leaders and are a **valuable member of TeamCYZ**, now resolving any conflicts that arise and keeping their friends accountable for their own actions!



employability skills
DofE and more

support their
peers

get involved
in club

young leaders
training

young person-led

J is rightly really proud of themselves and so are we!!

**“I’M HAVING
FUN DOING
IT!”**

CYZ

An **OnSide** Youth Zone



WHAT DOES YOUTH WORK MEAN TO YOU?



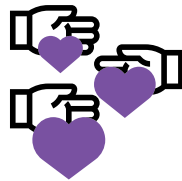
An **OnSide** Youth Zone

WAYS YOU CAN SUPPORT OUR WORK



VOLUNTEER

DONATE



FUNDRAISE

**CORPORATE
SUPPORT**

You can read our full trustee report and audited accounts at
Charity Commission

Charity Registration Number: 1134974

Company Registration Number: 07113460